THE EXECUTIVE CENTRE

WORLD MENTAL HEALTH DAY

UNWIND CENTRAL
Grow through what you go through



JOIN US FOR A MENTAL HEALTH SYMPOSIUM ON OCTOBER 10.

04.00 PM - 4.45 PM
KHODAY TOWER
BREAK OUT AREA



Dr. Priya is a Counselling Psychologist/ Psychotherapist based in Bengaluru, Karnataka. She works with clients with mental health concerns ranging from Anxiety, Depression relationship concerns, Stress management, Grief and various other emotional and behavioral problems.

Come along & Enjoy the range of activities aimed at Challenging mental health and Positive Wellbeing.